



Niagara Falls Runs

With
Cindy Yi



I am interested in joining the morning runs

Name: _____

E-Mail: _____

I am interested in running the following distances:

- 1 Mile
- 2 Miles
- 3 Miles
- 4 Miles
- 5 Miles
- ____ Miles

I am interested in running at the following times:

- Early morning runs (5AM-7AM)
- Mid-morning runs (8AM – 10AM)
- Evening runs (4PM-6PM)
- _____ Other

About Cindy Yi

Cindy is an Associate in the Municipal, Land Use Planning and Development Law Group at Loopstra Nixon LLP, the largest full-service law firm in west Toronto. She represents a broad cross-section of public and private sector clients on a variety of municipal law matters throughout the province. She is an avid fitness enthusiast, and has run several Tough Mudder races, competed in powerlifting competitions, and enjoys long-distance running. She is also currently training for two marathons this year.